

EAST SAN GABRIEL VALLEY
JAPANESE COMMUNITY CENTER

ESGVJCC

AND **DR. ED HERNANDEZ, O.D.** CALIFORNIA STATE SENATOR



FREE FAMILY HEALTH FAIR

Saturday, November 3, 2012
10am to 2pm

East San Gabriel Valley Japanese Community Center
1203 West Puente Avenue, West Covina, CA 91790
For more information call: 626-960-2566 or go to: esgvjcc.org

SCREENINGS

**DENTISTRY, OPTOMETRY, GENERAL HEALTH, PODIATRY, HEARING,
BODY FAT ANALYSIS, DIABETES, BLOOD DRIVE, DERMASKIN**

TWO RESOURCE FAIRS

Located in Gymnasium and Social Hall

COOKING DEMONSTRATIONS

LEARN TO MAKE A HEALTHY JAPANESE MEAL
Demos available at 10:30AM & 1:00PM....RSVP now!
Delicious Healthy Japanese Food for Purchase

GET ACTIVE

**Join a mini-class: KENDO, KARATE, JUDO, AIKIDO,
SHINKENDO, ZUMBA, BALLROOM, YOGA, TAIKO**



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